

ASK HR

Have questions, we've got answers!

Navigating HR can be overwhelming, but you don't have to do it alone. We provide reliable HR guidance on your most pressing and urgent HR matters.

[Schedule a Consultation](#)

HR Advice Line:

Whether you're facing a quick question, a pressing HR issue, or need a thought partner to think things through, ASK HR is here to provide support so you can focus on your core business.

We provide quick, confidential, and accurate answers to your HR questions — right when you need them most.

Common Questions:

- “Contractor vs. Employee: What’s the difference?”
- “Should my executive assistant be classified as exempt or non-exempt?”
- I’m the HR Manager and my CEO wants to do a Reduction in Force (RIF), how can I ensure the RIF is fully compliant with the laws in our state?”
- “I received a medical accommodation request from an employee. Do I have to approve the request?”
- “We just received a harassment complaint. How should we respond?”

Ask HR Offers:

Access to highly experienced and credentialed HR experts.

Basic questions are answered free of charge via email or chat.

Select the option to speak with a live HR professional.

Follow up and in-depth calls are cost effective to fit your budget.

We are your thought partner on navigating sensitive HR matters.

📞 How to Reach Us:

Phone: 703-634-9754

Email: info@totalhrpro.com

Website: www.totalhrpros.com

**Total HR cannot offer legal advice.
We provide information & advisory consulting services only.**